



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

**RECRUIT
A FRIEND
& SAVE
\$100!**

THE BANGOR YMCA WILDERNESS CENTER AT **CAMP JORDAN** **SLEEP AWAY CAMP HANDBOOK** **WELCOME TO THE WILDERNESS CENTER!**



DIRECTIONS

101 Camp Jordan Way, Ellsworth, ME 04605

TO THE BANGOR YMCA WILDERNESS CENTER AT CAMP JORDAN FROM BANGOR & I95

Take the 395 exit off Interstate 95, heading east on Route 1A toward Ellsworth and Bar Harbor. Travel approximately 15 miles on Route 1A and watch for a Camp Jordan sign on your right. Turn right onto Winkumpough Road and continue for approximately 0.5 miles. Turn left at the Camp Jordan sign on Hansons Landing Rd. Travel approximately 0.5 miles until you see our sign on the right. Turn into the driveway and proceed to the parking lot. Please do not drive beyond the parking lot.

TO THE BANGOR YMCA WILDERNESS CENTER AT CAMP JORDAN FROM ELLSWORTH

Take Route 1A toward Bangor for 10.2 miles from the intersection of Route 1 and 1A in Ellsworth. Turn left onto Winkumpough Road and continue for approximately 0.5 miles. Turn left at the Camp Jordan sign onto Hansons Landing Rd. Travel approximately 0.5 miles until you see our sign on the right. Turn into the driveway and proceed to the parking lot. Please do not drive beyond the parking lot.

If you do not find the answer you need here, please give us a call at 207-944-4532 or 207-941-2808

SAMPLE DAILY SCHEDULE

ARRIVAL AND REGISTRATION

In order to provide a convenient and personalized check-in experience, all families are required to arrive in the designated time slot outlined below:

1:00 – 2:00pm	Opening BBQ
2:00 – 3:00pm	Registration & Move In

Opening BBQ!

We would like to invite the families of our new and returning campers to enjoy a BBQ in the Grove from 1:00 to 2:00pm, before registration. Enjoy lunch, take a camp tour, and meet **some of the amazing staff** that will be **sharing the week with your child**. **Registration and cabin move in will occur from 2:00 to 3:00pm, following the BBQ.**

GRADUATION AND CHECK-OUT

9:30 – 10:00am	Graduation Ceremony
10:00 – 10:30am	Check-Out

Join us for a Graduation Ceremony celebrating the fun and accomplishments of your camper! Check-out will follow the ceremony and our Camp Store will be open all morning.



CAMP HEALTH CARE

We are required to screen all campers upon registration to ensure that they are healthy enough to participate in camp activities with other children.

Although, our registration schedule should keep lines to see the nurse short, it is important that campers with medication see the nurse prior to arriving to their cabins. We make every effort to keep the process quick, and to provide a private area for families to give medications to our Health Officer. We encourage families with extensive medical needs to give our health officer a phone call a week before your session so we can review your child's health records together, and we can make your check-in as quick as possible.

If you do not find the answer you need here, please give us a call at 207-944-4532 or 207-941-2808.

7:30 AM RISE AND SHINE

8:15 AM FLAG RAISING & CHAPEL

8:30 AM BREAKFAST

9:15 AM CABIN CLEAN-UP

10:00 AM FIRST ACTIVITY PERIOD

11:00 AM SECOND ACTIVITY PERIOD

12:00 PM BACK TO CABINS

12:30 PM LUNCH

1:30 PM SIESTA

2:30 PM CABIN ACTIVITIES

4:00 PM FREE TIME

5:00 PM FLAGS

5:15 PM DINNER

6:15 PM CAMPER'S CHOICE

7:30 PM EVENING ACTIVITY

8:30 PM CABIN TIME

9:30 PM YOUNGER CAMPERS LIGHTS OUT

10:00 PM OLDER CAMPERS LIGHTS OUT

CLASS SELECTION



Each session, a camper chooses three activities that they will participate in each day. Our website provides summaries of the many activities we provide. Activities are scheduled based on qualified staff availability and camper demand. Not every activity is offered every session, and no activity is offered during every time slot.

Campers will register for their classes after arriving at camp.

We want children to try activities that they are interested in and enjoy, and we will always do what we can to work with a child to find a schedule that works best for him or her. All campers are given the opportunity to switch classes through Wednesday at noon if they are placed in one they do not enjoy.

CAMPING TRIP



Some cabins may choose to participate in an overnight camping trip. All camping trips take place on camp property. **Please ensure you pack a backpack, sleeping bag and an extra pillow case.**

CABIN ASSIGNMENTS



Campers are assigned to cabins based on age and gender. Though we encourage campers to make new friends, we allow campers up to one cabin mate request. The requests must be mutual and noted on the registration form.

CAMP COMMENCEMENT CELEBRATION



There will be a celebration on the final Saturday morning of each session. This will give you an opportunity to meet your camper's counselors and watch him/her receive participation awards and possibly other accolades.

Parents are encouraged to join us in the King Dining Hall or Fire Circle (depending on the weather) from

9:30 to 10:00am. Check-out will occur from 10:00 to 10:30am.

We do not encourage early arrival because campers will be finishing up their breakfast at this time.

CHECK-OUT PROCEDURES



Your child's safety and security is our number one priority. **In order to ensure that all children remain in the proper hands, we require all parents to bring a Photo ID with them when collecting their child at the end of each session.** When your child arrives at camp,

our counselors will give you an opportunity to note all of

the names of appropriate people who may be checking your child out of camp. If your child will be leaving with another parent, a different family member, or a friend, be sure to write their name in the space given.

VISITING



We ask that parents do not visit camp during the sessions. Keeping visitors to a minimum helps us to ensure camp security, and visits disrupt our daily program.

MAIL



Everyone loves mail!! Letters from home are the most welcome form of communication. Campers will also have the opportunity to send letters home; we will send camper mail out Monday – Thursday of the week to ensure proper delivery time. Please keep in mind, if mail is received at camp on Saturday, there is no guarantee your camper will receive it before departure. We are not responsible for undelivered camp mail and will not be able to return to sender.

Be sure to indicate the cabin name on any letters or packages you send your camper: **Camper Name, Cabin Name, 101 Camp Jordan Way, Ellsworth, ME 04605**

TELEPHONE CALLS



We acknowledge that a week or more away from home may be difficult for some campers. **We generally discourage phone calls from home to help campers fully immerse in their experience.** That being said, if an encouraging phone call home might help a camper, we will be happy to let them call you from our office. If you would like an update on your

camper, feel free to call the camp at **207-944-4532** and we will either connect you with your camper or with one of his/her counselors.

CELLULAR PHONES



Please do not allow your camper to bring a cell phone with them to camp. Remind your child that they can call you at any time, for any reason. If a camper ever feels the need to call home, asking a counselor to bring them to the office is a great way for us to gain some insight into how their experience is going, and how we can help.

NO NUTS PLEASE!



Children attend camp with various health needs and dietary restrictions. One of the most common allergies relates to the consumption of nuts. Although The Wilderness Center does not guarantee that all foods served at and brought to our facility are prepared in nut-free environments, there are a number of measures we can take to make The Wilderness Center an allergy friendly place.

PHOTOGRAPHY



Although, The Bangor YMCA Wilderness Center at Camp Jordan has not had any known problems with inappropriate camera use, we want to be proactive in our approach to safeguard your child. Because of the risk of inappropriate camera use even under the most effective counselor supervision, **we prohibit campers from bringing cameras to camp.** Our staff members are constantly taking photos of the campers which are posted to our Camp Jordan Facebook page daily. This album is public, and therefore you can access it without a Facebook account.

SOCIAL MEDIA

Photos and videos are posted weekly on Facebook and Instagram.



bangor_y_camp_jordan



facebook.com/bangorymca.campjordan

CAMP HANDBOOK

PACKING LIST

Each camper should have enough clothes for the duration of their session. Below is our recommended clothing list for up to two weeks of camp. If your camper is participating in a one-week session, use your judgment on numbers of socks, T-shirts, etc. based on your child's habits. Campers staying for more than one session will have their laundry washed on the weekend.

Please do not send your child in their best clothes. **Write their name on the tags of clothing** to help prevent the loss of personal items. While our counselors consistently remind campers to take care of their clothing, their bathing suits, their towels, and all other belongings, summer camp is an opportunity for great personal growth, and campers need to take some responsibility for themselves and their belongings. Take the time to talk with your camper about being responsible for the below items. If your child does not have a large suitcase or trunk, a large plastic tub is a very easy way for your child to store his/her belongings at camp.

If there is any item on this list that your family cannot financially acquire, please give us a call and we will work it out!

CLOTHING

X	ITEM	QUANTITY	NOTES
<input type="checkbox"/>	Socks	Daily change +3	Campers may get wet from rain or other fun activities
<input type="checkbox"/>	Underwear	Daily change +3	Campers may get wet from rain or other fun activities
<input type="checkbox"/>	Long Pants	3 or 4 pair	
<input type="checkbox"/>	Shorts	3 or 4 pair	
<input type="checkbox"/>	Sweatshirt or fleece	2	
<input type="checkbox"/>	Raincoat	1	
<input type="checkbox"/>	Sandals	1 pair	
<input type="checkbox"/>	Sneakers	2 pair	Sneakers often get wet
<input type="checkbox"/>	Swimsuit	2 or 3	All suits should be appropriate for active play at the Waterfront
<input type="checkbox"/>	Belt	1	
<input type="checkbox"/>	Hat	1	
<input type="checkbox"/>	Pajamas	3 or 4 outfits	
<input type="checkbox"/>	Warm Jacket	1	
<input type="checkbox"/>	T-shirts	6 or 7	Red, blue, green, yellow and white t-shirts for Capture the Flag and other camp wide activities

TOILETRIES/BEDDING/OTHER

X	ITEM	QUANTITY	NOTES
<input type="checkbox"/>	Toothbrush	1	
<input type="checkbox"/>	Toothpaste	1 tube	
<input type="checkbox"/>	Shampoo	1 bottle	
<input type="checkbox"/>	Comb or brush	1	
<input type="checkbox"/>	Washcloths	2	
<input type="checkbox"/>	Towels	2 or 3	
<input type="checkbox"/>	Pillow	1	
<input type="checkbox"/>	Pillow Case	2	Pillow cases may get dirty on the camping trip
<input type="checkbox"/>	Sleeping Bag	1	
<input type="checkbox"/>	Sheets	1 pair	Some campers just bring a bottom sheet. That is up to you.
<input type="checkbox"/>	Flashlight	1	You may want to send your child with extra batteries.
<input type="checkbox"/>	Stationary, Pens & Stamps		Quantity up to you. We cannot provide stamps for campers.
<input type="checkbox"/>	Insect repellent	1 bottle	Non-aerosol
<input type="checkbox"/>	Sunscreen	1 bottle	
<input type="checkbox"/>	Fan	1	Battery powered are preferred, but we do have outlets
<input type="checkbox"/>	Water Bottle	2 or 3	Please write your child's name on his/her water bottle
<input type="checkbox"/>	Laundry Bag	1	If using the laundry service please send labeled cloth/mesh laundry bag
<input type="checkbox"/>	Backpack	1	For day to day use and for camping trip

WEEKLY THEMES

It is not uncommon to see counselors and campers dress in themes, so when packing keep in mind to send along Theme related clothes and props.

Session 1: Yankee Doodle Days

Session 2: Wild West Week

Session 3: Star Wars

Session 4: Pirate Week

Session 5: Color Wars

(red, blue, green, yellow, white, etc.)

PLEASE DO NOT BRING

Cell phones, iPods or any other electrical devices, cameras, gum, pocket knives, or any valuables.

All of the above items will be confiscated, kept in the camp office, and returned at the end of the session.

The Bangor Region YMCA is not responsible for any lost or damaged personal items.